



Photovoice Workshop

Exploring the Notions of Gender Stereotypes and Gender Discrimination
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The steps of the workshop

- Step one: Personal experience
- Step two: Collective cultural experience
- Step three: Intercultural experience
- Step four: Reflexivity

Step One: Personal Experience

- Contemplate your photos and write a short text for each one, trying to answer the following questions:
 - Describe your photo. What do you see here?
 - What is happening in your photo? Actions and feelings in the picture
 - Why did you take this photo in relation to the topic under discussion? How does this relate to your life?

Step Two: Collective Cultural Experience

- Contemplate and discuss your selected photos
- Explain to each other the meanings of your written comments
- Select three photos that, according to the group's opinion, better reflect the notions of gender stereotypes and gender discrimination in your cultural and social context
- Write a collective text for each photo, answering the following questions:
 - Why have you selected the specific photo?
 - How does this relate to your society? What does this photo tell us about your culture?
 - Why does this problem/condition exist? (Underlying meanings and impacts on you and the community)
 - What can we do to educate others about this problem/condition?
 - What can we do to about it as a society?

Step three: Intercultural Experience

- Contemplate the photos of each cultural group and discuss the content and the messages of the pictures
- Try to find out similarities and differences among the photos
- Write a collective text as a group, answering the following questions
 - What are the common aspects of gender stereotypes and discrimination represented in the selected photos
 - What seems to be different? What kind of different experiences are represented in the photos
 - What are the cultural and social aspects that influence these similarities/ differences
 - What can we do to educate others about this problem?
 - How can these pictures provide opportunities for us to improve life in our societies?

Step four: Reflections

- What was it like to participate in Photovoice?
- What did you like/ dislike?
- What did you find useful
- What did you find challenging?
- Consider what it might be like for members of the community and groups you work with. How might they experience this process?