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VASYL STEFANYK PRECARPATHIAN NATIONAL UNIVERSITY (PNU)

CONCEPT OF THE MA PROGRAMME

SOCIAL PSYCHOLOGY. GENDER STUDIES

Length and duration: 84 ECTS; (3 Semesters)

This MA program empowers students to:

- get familiar with variety of approaches and theories in the sphere of humanities, socio-economic, fundamental, professionally oriented sciences;
- study professional foreign language, that allows to open up new areas of knowledge, study and research;
- have the ability to use IT to solve problems related to psychological science and practice;
- get in-depth knowledge of psychology, apply in practice the principles of scientific work organization, gain skills in innovative approaches used for teaching psychology as well as organization and conduction of scientific research; have the ability to understand psychological processes, problems and find solutions in various social and public spheres of life.

Skills and competences of graduates

Knowledge:

- proficiency in fundamental professional and humanities knowledge;
- principles and selection techniques, systematization, consolidation and information use, scientific practices, preparation of informational and methodological materials;

- achievements of classical and modern psychology in the field of methodology, theory, practice and empirical research;
- practices of psychological and psychotherapeutic assistance to adults and children based on modern theories;
- techniques used for individual psychological counseling and psychotherapy in organizational issues, business, career, religion, family issues, migration issues etc;
- problems of gender relations, reasons for gender division in society, gender aspects in psychology.

Skills:

- teaching and research activities in the field of psychology;
- development of organizational and methodological materials for practical psychologists in different institutions;
- conduction of individual psychological counseling and psychotherapy in organizational issues, business, family issues, migration issues, etc., basic skills for conduction of psychological analysis of client's different situations;
- to use methods of psychoprophylaxis, psycho rehab activities, IT;
- analyze men and women gender issues that may occur in different spheres of life;
- to apply psychological techniques while working with women who have experienced violence;
- proficiency in applying techniques and methods while counseling women in career development.

Career of graduates

Scientific activity (researcher), educational institutions, business companies, political sector, military sphere, penitentiary system, security agencies (Security Service of Ukraine, police), social services.

Structure of the MA Programme

No	Course Title	ECTS	OB ¹	SEL ²	LEC ³	SEM ⁴	WS ⁵	PR TR ⁶
1st Semester								
1	Higher school psychology	3	OB	-	18	16		
2	Pedagogics of higher school and pedagogical excellence of lecturer	3	OB	-	18	16		
3	Methodology and scientific research	3	OB	-	34	16		
4	Methodological and theoretical problems of psychology	3	OB	-	34	16		

5	Political psychology	3	OB	-	34	18		
6	Gender psychology	3		SEL	14	18		
2nd Semester								
7	Orthobiosis of personality	3	OB	-	8	16		
8	Psychology of religion	3	OB	-	24	24		
9	Psychology of business	3	OB	-	24	24		
10	Methods of teaching Psychology in HEE	3	OB	-	8	16		
11	Theory of gender	3	-	SEL	14	18		
12	Gender and career	3	-	SEL	14	18		
13	Scientific – research internship	12	OB					
14	Work experience internship	12	OB					
3d Semester								
15	Modern information technologies	3	OB				24	
16	Foreign language (for professional purposes)	3	OB			24		
17	Group psychotherapy	3	OB		14	22		
18	Psychological emergency aid	3	OB		14	22		
19	Psychology of migration	6	OB		30	30		
20	Psychological safety of personality	3		SEL	14	18		
21	Scientific – research internship	6	OB					

SHORT DESCRIPTION OF ALL COURSES OF THE MA program

Higher School Psychology (OB)

The purpose of the discipline is to form a system of knowledge, experience and skills in psychology that would help future higher school teachers in applying effective teaching methods, using peculiarities of mental processes, considering and productive development of individual characteristics of students.

The objectives of the discipline are study of theoretical principles of higher school psychology, examination of basic psychological problems of higher education, acquiring knowledge of psychological characteristics during the educational process in higher school, psychological characteristics of student's age, study of psychological aspects of training and education of student youth, understanding psychological characteristics of scientific and educational activities and ways to improve them, development of professionally important individual characteristics of students.

Higher School Pedagogics and Pedagogical Excellence of Lecturer (OB)

The discipline "Pedagogics of Higher School and Pedagogical Excellence of Lecturer" reveals the object, tasks, categories, functions of pedagogics of higher school; finds out the essence and structure of modernization of higher education system in Ukraine; studies historical aspects of forming higher education in Ukraine and abroad; reveals content, methods, forms of organizing educational process in higher school; studies relevant psychological and pedagogical issues of student education; analyzes theoretical aspects of teaching skills in higher school. The discipline acquaints with the main directions of higher education development according to globalization of educational processes and implementation of the Law of Ukraine "On Higher Education" (2014).

Methodology and Scientific Research (OB)

The purpose of the discipline is to acquaint students with the basics of the methodology of scientific research.

The objectives of the discipline are to form a system of knowledge of theoretical and practical nature related to the study, such as: peculiarities of the subject of scientific research methodology; functions of methodology of science; classification of methods of scientific research; technology of scientific research, basic psychological principles that one needs to consider in organizing scientific research, applying methods of scientific research, interpreting data; logic of scientific research; methodology of making up scientific statements.

Methodological and Theoretical Issues of Psychology (OB)

The discipline "Methodological and Theoretical Issues of Psychology" is an integrative part in the complex of fundamental and professionally aimed subjects studied by future psychologists. It acquaints with the subject of most important psychological theories, historical, socio-cultural and phenomenological premises for designing and verifying scientific psychological knowledge, studies the contradictoriness of ideas, schools, approaches, principles of scientific research, rules and criteria for controlling research facts and transferring them into the category of scientific ones.

Political Psychology (OB)

The subject of this discipline is study of psychological aspects of political life in large and small social groups and individuals, as well as psychological components and their peculiarities in political life of society that are used in particular political processes. These peculiarities are formed and come out at the level of political consciousness and self-identity of nations, classes, social groups, governments, individuals.

The purpose of the discipline "Political Psychology" is to reveal psychological peculiarities of political life, as well as basic psychological mechanisms, determinants, technologies of managing political processes. The main objectives of the discipline "Political Psychology" are

forming knowledge and skills, developing sense of political consciousness; study of regularities of mental processes and phenomena in politics.

Personality Orthobiosis (OB)

The discipline "Personality Orthobiosis" can partly solve several professionally important issues in training future psychologists for practical activities in the field of health care. Studying this discipline, students can acquire and systematize their knowledge of the essence of a normal, healthy individual development, analyze different traditional and modern approaches to interpretation of "health", "healthy person", "normal person", "normal individual development", "rational self-organization of life and activities", "sanitary potential", "individual health resource", "creative longevity", "orthobiosis" et al.. Students can also develop their own professional opinion on the phenomenon of psychological health / illness of an individual, determine the role of psychologists and psychological services in educational institutions in forming and spreading the values of a healthy lifestyle, master the methods of preventive and consulting work with clients of all ages.

Psychology of Religion (OB)

"Psychology of Religion" is as an interdisciplinary course that is at the border of psychology and theological and pastoral theology. It analyzes psychological laws of development and functioning of various religious phenomena (faith, feelings, mood, needs), their forms of expression (ecstasy, obsession, insight, fear, fanaticism), structure and orientation, relationship with non-religious spheres of society and impact on them. The discipline studies the issues of individual religiousness - phenomena of religious experience, mechanisms of nature and development of religious experience. The purpose of the discipline "Psychology of Religion" is to provide students with knowledge of specifics of the psychological study of the phenomenon of religion and psychological analysis of religiosity as an essential state of human world perception.

Psychology of Business (OB)

The discipline acquaints with knowledge of psychological characteristics of a businessman as well as mechanisms of development and functioning of business organizations.

The objectives of the discipline are as follows: to deepen theoretical knowledge of methodological issues of psychology of business; to learn the categories of business psychology; to know the individual potential of entrepreneurs, their abilities and dispositions, value-motivational incentives for individual entrepreneurial activities, peculiarities of business communication in accomplishing common business goals; to be able to analyze strategies of behavior in performing different entrepreneurial activities (starting a business, making a deal, bankruptcy etc.); to be able to develop scientifically based procedures for professional selection of candidates for positions that require a significant financial risk and individual responsibility for subordinates' actions; to develop training programs on management and leadership, analyzing psychology of customers and consumers.

Methods of Teaching Psychology in Higher School (OB)

The purpose of the discipline is forming skills and abilities to teach psychology in higher school. The discipline includes subjects that reveal new approaches to the analysis of learning process, the main methods of teaching psychology, planning and analyzing lessons, determining training goals, taking into consideration students' age and individual characteristics in educational process. The discipline aims to form a comprehensive and

systemic understanding of psychological issues of forming identity and professional training students in higher school. It is important for future researchers and university lecturers. Students will be able to comprehend the methodology of teaching, the theory of training and education of students in higher school, as well as form knowledge and skills for professional teaching activities.

Modern Information Technologies (OB)

The discipline aims to analyse basic theoretical principles and concepts that form a system-information approach to the analysis of the world, study processes, techniques, methods of obtaining information using modern computer technologies. The purpose of the discipline is also to form basic ideas of designing and operating information systems and services. The discipline study develops skills of programming personal computers and local networks at solving professionally oriented issues. The discipline contributes to forming skills of using modern computer technologies that helps students adapt to the information space.

Foreign Language (for Professional Purposes) (OB)

The aim of the program is to develop MD students' profession-oriented communicative competence for their effective networking in academic and professional environment.

The subject of the course encompasses lexical, grammatical, stylistic characteristics of academic discourse to provide MD students' successful professional academic carrier.

The program involves one module: English for Professional Purposes. The module embraces two content-modules: English academic discourse (Higher Education in Ukraine and the Bologna Process, Philosophy Teaching at Higher Educational Establishments in Ukraine, Job Hunting) and Academic written communication (Business Etiquette, Business Correspondence, Thesis, Resume).

Group Psychotherapy (OB)

The main objectives of the discipline are to reveal theoretical principles and place of group psychotherapy, main tendencies of group psychotherapy and field of its application, peculiarities of organizing and managing a psychotherapy group; important features of dynamic processes in a psychotherapy group, nature and role of therapeutic factors in a psychotherapy group, stages of psychotherapy group work, tasks and methods at each stage of a psychotherapy group; peculiarities of selecting a psychotherapy group, recommended time characteristics of an effective psychotherapy group work; requirements to a group therapist: professionally important personal qualities and traits, professional knowledge, abilities, skills as well as specifics of his professional training.

Psychological Emergency Aid (OB)

The main purposes of the discipline are to deepen theoretical knowledge of regularities of mental functions and vital activity of an individual in the terminal possibilities zone; form practical skills of psychological support to persons suffered from emergency situations.

The objectives of the discipline are as follows: to find out basic principles of emergency psychology according to the modern scientific view; to form ideas of main mental human reactions to trauma cases; to develop basic practical skills and abilities of the psychological first aid; to acquaint students with modern approaches to the practice of psychological diagnosis and correction of acute and posttraumatic stress disorders; to teach students measures on psychological work capacity recovery and rescue services.

Psychology of Migration (OB)

The course "Psychology Migration" reveals the social and psychological nature of the phenomena of migration in the context of globalization and multicultural space and the psychological characteristics of migratory behavior.

On completion of the course students will gain systematic knowledge about the social and psychological mechanisms of cross-cultural adaptation of migrants, and some of its problems such as the immigrant social identity specially when working in an environment of different migrants with different ages.

Students will also gain the ability to provide psychological support and assistance to migrants and their families, especially in a situation of forced or illegal migration.

Gender Psychology (SEL)

The purposes of the discipline are to find out the nature of gender differences, socio-cultural factors and conditions that cause them; to acquire knowledge of mechanisms and stages of gender socialization as well as theories of forming gender identity; to reveal the role of gender stereotypes in shaping self-identity; to understand the psychology of gender in different life spheres. The discipline acquaints students with types and stages of gender identity, the main features of forming gender stereotypes influenced by various socializing institutions, peculiarities of male and female gender roles; age stages in forming gender, issues of antisocial gender behavior.

Theory of Gender (SEL)

The purpose of the discipline is to form understanding of the relevance of gender issues, reasons for gender inequality, segregation, sexism, transgender. The discipline acquaints with knowledge of the stages of gender studies, female studies; the role of feminist movement in development of gender theory; the basic principles of the Freud's theory, psychoanalytic feminism as the basis for gender studies; the issues of queer-identity in contemporary feminism; socio-constructivist interpretations of gender that create prerequisites for understanding gender as a multifactorial construct; the theory of masculinity, the issues of the crisis of masculinity as well as plurality of masculinity.

Gender and Career (SEL)

"Gender and career" course is designed for masters of specialty 'Psychology'. It's well-known that among a set of problems which accompany the person, gender and careers issues are one of the most significant. Gender gives biological self-realization and career gives social self-realization. Often this two parts of human personality enter into a conflict with each other.

The main purpose of course "The gender and career": to analyze existing gender models of self-realization and identify successful models of gender self-realization.

Course task: to reveal the ratio of sexuality and self-identity; identify gender stereotypes right to success; to formulate the main features of gender and politics, gender and art, gender and religion.

Psychological Safety of Personality (SEL)

The discipline "Psychological Safety of Personality" deals with the study of preserving stability of personality in the environment, forming ability to resist internal and external destructive influences that helps to feel protected in different situations. Thus, the purposes of the

discipline are to acquaint students with the theoretical basis of the issue of individual psychological safety and to develop basic practical skills by means of various constructive ways of psychological protection.

The main objectives of the discipline are as follows: study of scientific approaches to the issue of individual psychological safety, characteristics of the components of the given issue as well as the main conditions and factors of providing and keeping the individual psychological safety, learning rules and mastering techniques of safe communication and interaction in society, mastering different types of coping-strategies to get over different negative influences.